



TOOLS FOR WORK WITH UNDERAGE MOTHERS THREATENED BY SOCIAL EXCLUSION

Fundacja po DRUGIE,
Agnieszka Sikora,
Anna Gradkowska

VET specialists competencies development
in the field of positive parenting teaching
Conference/Multiplier event, 2017 10 17, Vilnius



Co-funded by the
Erasmus+ Programme
of the European Union





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Who we work with?



Our beneficiaries

youth dwelling in closed educational and rehabilitation centers, orphanages, and foster care

young people between 18 and 29 in difficult life position: facing homelessness, addictions, deprived of family support, least-educated



Our projects are aimed at improvement of life situation of our beneficiaries

Prevention	Intervention
Homelessness prevention	Accommodation
Addictions prevention (also original educational program concerning FAS prevention)	Social work
Early parenthood prevention	Professional support of psychologists, lawyers, addiction therapists, career counselors
Education by art	Aid in kind
various workshops, debates and activities concerning e.g.. social, civil competences	

What we do?





Since 2012 all over Poland – mainly in closed youth centers we realize project „**When I become mom / dad... I will love more than life**” in which we use baby simulators.

Main aims:

1. Early parenthood prevention
2. Parental competence building

Prevention

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Taking care of baby simulator last 3 days 24 hours a day.

Practical part is introduced by educational workshops.

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We talk about stimulants (alcohol, drugs) using special goggles.

The question is: **Do you think that your baby is safe with you when you are under influence of drugs or alcohol?**

Prevention



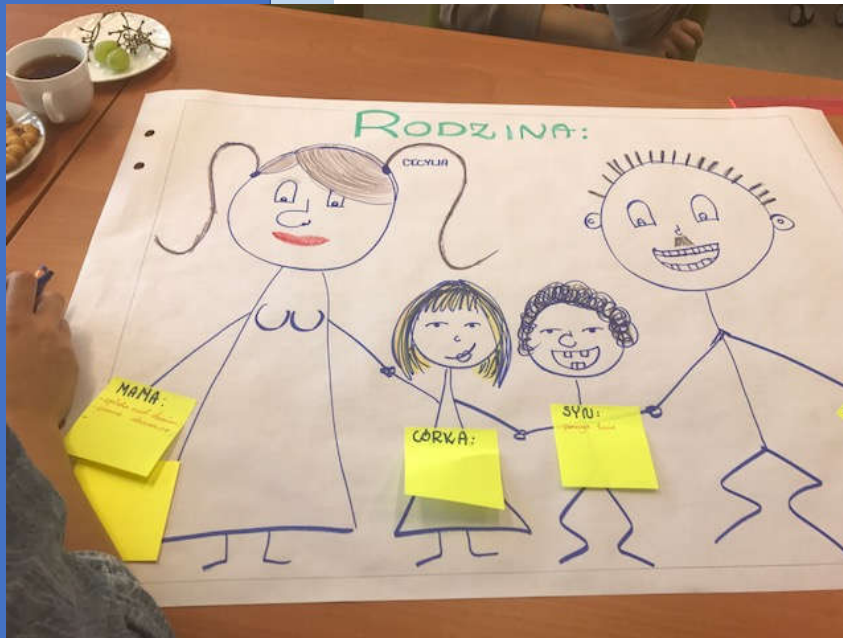


We talk about consequences of drug and alcohol use during pregnancy.

Youth meets also midwife who talks about taking care of pregnant woman, giving birth and baby care. They learn also about contraception, hygiene, risky sexual behaviors..

Prevention





Participants of our project often experienced dysfunctions in families, without proper bonds, with numerous problems such as poverty, violence, addictions, sexual abuse.

That is why in our project we pay much attention to proper family functioning.

Prevention

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PREVENTION ----- REALITY

Even the best preventive programs cannot eliminate teenage parenthood phenomenon.
That is why we also support underage mothers.



Underage mothers

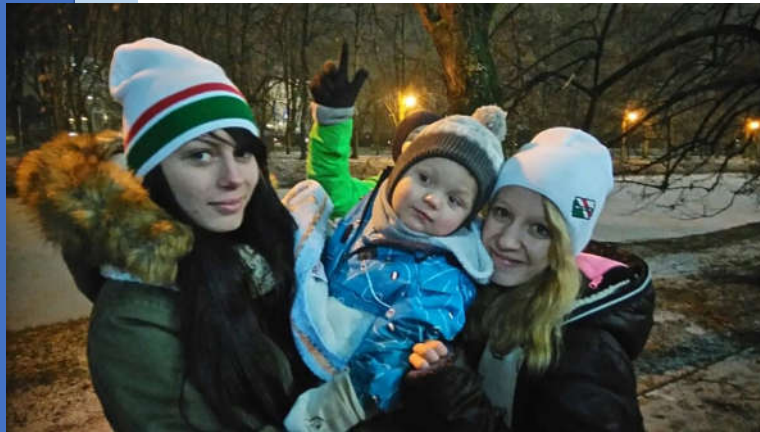


WHO ARE OUR BENEFICIARIES - TEENAGE MOTHERS?

They are girls – present and ex wards of closed youth centres (with experience of spending childhood and youth in institutions), deprived from family support (dysfunctional environments), in problematic relationships (their partners rarely function properly), least-educated, without professional qualifications.

TEENAGE...

and because of their age deprived of parental authority.



Underage mothers

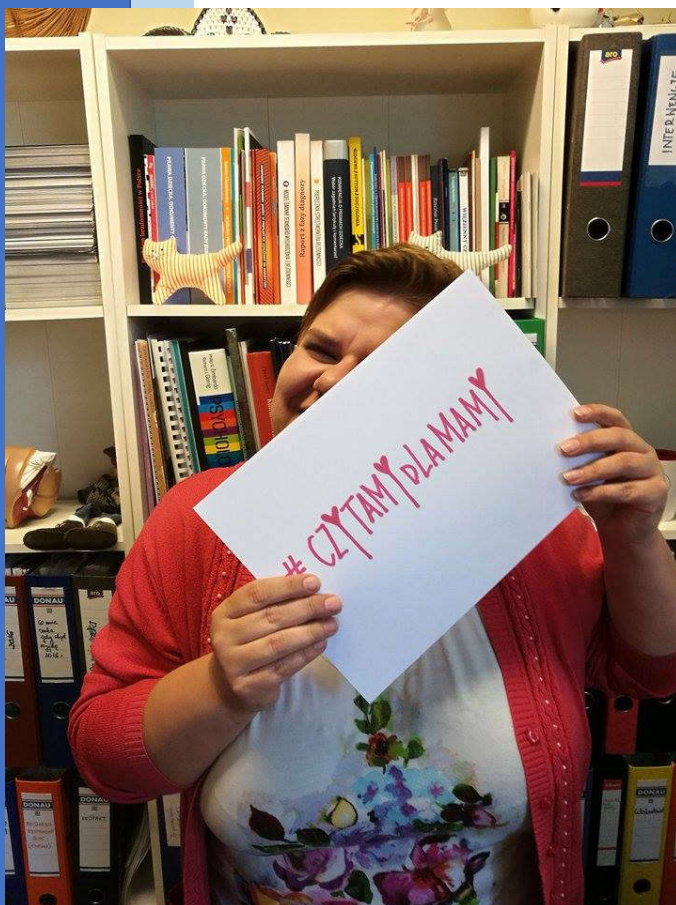
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Fundacja po DRUGIE builds the 1st in Poland, innovative home for underage mothers.

Our centre will provide:

- upbringing and social rehabilitation
- further education – also ability to gain professional skills
- development of parental skills
- help in taking care of their children
- support in development to independence





Underage mothers

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Our house will provide help to 6 mothers and / or pregnant girls, and their children. Every girl will have her room. They will share kitchen, living room, dining room etc.

Girls will be able to go to school, use therapeutic support (if required) and take care of all formal tasks (social premises, job regulation of their legal issues).

Underage mothers



We created handbook for professionals and services working with teenage mothers. It's the 1st publication in Poland focused on work with this specific group.

What is most important in such work?

1. Subjectiveness
2. Taking their age and developmental stage into consideration.
3. Communication
4. Building relationships
5. Support instead of judging
6. Positive pedagogical diagnosis



Tools of work

POSITIVE PEDAGOGICAL DIAGNOSIS

In practice professionals concentrate on problems of teenage girl: her deficits and dysfunctions - with best intentions communication and work focus on negatives.

Positive diagnosis takes the same factors into consideration.

Differences concern:

- treating personality as the result of social learning (not a fixed trait),
- cognitive and intellectual assets,
- potential which is common for all human beings
- creativity

which can be basis for personal and interpersonal development.



Tools of work:

SOCIAL CONTRACT

1. Diagnosis
2. Agreed by both sides aims and goals
3. Ways of achieving them (divided into small stages – what enables experiencing success)
4. Verification

Important!

The contract must take age, potentials and deficits of the mother and her environment into consideration.





Underage mothers

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